

## **Dorset Netball – Jan 2022 Report**

No changes to current offer of blended learning coaching courses.

### **England Netball – Level 1 Coaching Course**

Provides the learner with an introduction to coaching the game and working with players, from under 7 to open age. Following the completion of the course, learners will be able to assist more qualified coaches in delivering aspects of coaching sessions.

#### **Who is this course for?**

Must be at least 16 years of age and who wish to start coaching netball. Have an understanding of the rules and a sound knowledge and experience of the game.

#### **What will I need to do?**

Attend all 3 virtual sessions of the designated course and the associated professional discussion. (1 x 3hrs and 2 x 2.5 hrs). EN do not allow learners to move from course to course.

Access to a computer and the internet to be able to access the virtual sessions and to access our e-portfolio assessment system.

Learners to show an original form of photo ID to their assessor at the start of their professional discussion. This can be a passport, drivers license or ID card. No ID no assessment and issuing qualification.

#### **Outcomes**

By successfully completing the Level 1 coaching qualification, be able to:

- Assist more qualified coaches in delivering aspects of coaching sessions (normally under direct supervision)
- Learn more about the basics of the game

Cost of Course: England Netball Member – £150 / Non-member – £190

[England Netball | England Netball Level 1 Course](#)

### **England Netball – Level 2 Coaching Course**

Equips the level 2 coach role duties of preparing for, delivering and reviewing coaching sessions.

#### **Who is the course for?**

Perfect for those who have been an active coach in netball for a minimum of 2 years or have a Level 1 Certificate in Coaching Netball.

Must:

Be at least 18 years of age

Full **membership** of England Netball

Be able to communicate effectively in English (listening, speaking, reading and writing)

Have the specified Face to Face UK Coaching Safeguarding and Protecting Children training certificate before the end of the course content delivery.

Have one of the recognised First Aid at Work certificates in the link below by the end of the course content delivery. Copy of certificates to be uploaded onto learners e-portfolio

#### **What will I need to do?**

Attend all virtual and face to face sessions and professional discussion. Learners cannot move from course to course. (3 x 3hrs virtual sessions / 2 days Face to Face / 1 hr professional discussion).

Access to a computer and the internet to be able to access the virtual course sessions and our e-portfolio assessment system.

Learners to show an original form of photo ID to their assessor at the start of their professional discussion. This can be a passport, drivers license or ID card. No ID no assessment and issuing qualification.

**Outcomes**

By successfully completing the Level 2 coaching qualification, you'll be able to:

Plan a series of coaching sessions.

Prepare the coaching environment for the delivery of coaching sessions.

Deliver a series of coaching sessions to develop the participant's performance.

Monitor and evaluate coaching sessions and personal practice.

England Netball Member – £360

[England Netball | England Netball Level 2 Course](#)

**Safeguarding and Protecting Children (SPC) Workshops / Time to Listen (TTL) Workshops**

Both workshops are available via virtual platform 2.5 hrs and Face to Face 3hrs. SPC course available to support young leaders

Coaching Course requires face to face. TTL is spread of two evenings, total of 3.5 hrs.

Wessex Coach Education are offering support to Dorset Netball.

Contact – wessexcoacheducation@gmail.com / 01202 470715

**First Aid**

Lifeline Training have a regulated first aid courses available to support coaching courses. In addition, Emergency Aid training for young people and volunteers. Contact – lifelinecourses@gmail.com